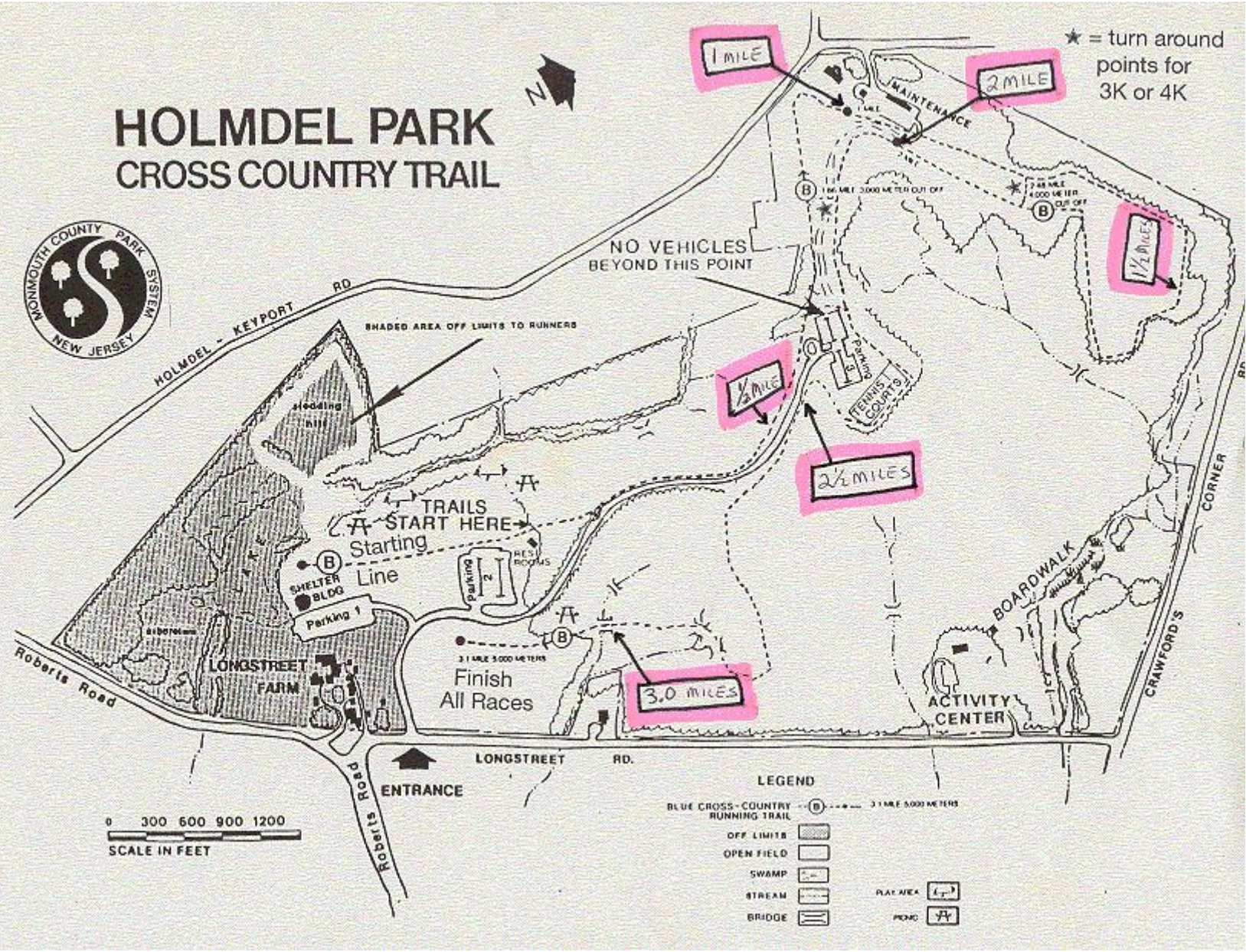


HOLMDEL PARK CROSS COUNTRY TRAIL



★ = turn around points for 3K or 4K



LEGEND

BLUE CROSS-COUNTRY RUNNING TRAIL	(B) --- 3.1 MILE 5000 METERS
OFF LIMITS	(Hatched box)
OPEN FIELD	(White box)
SWAMP	(Wavy line box)
STREAM	(Dashed line box)
BRIDGE	(Double line box)
PLAY AREA	(Tennis court icon)
POINC	(A in a square icon)