

Directions to Old Bridge Track & Field Complex

Old Bridge, NJ 08857

Note: If you are using GPS navigation, the nearest street address to use is 133 Ticetown Road, Old Bridge, NJ. The track & field complex is not at Old Bridge High School

- Garden State Parkway South.
- Go across the Driscoll Bridge and stay to the right. You will be getting off the GSP not long after the tolls.
- Take GSP Exit 123 for US Route 9 toward Sayreville & Old Bridge.
- After approximately 5 miles on Route 9, take the right-lane exit for Ticetown Road and Throckmorton Lane.
- At the top of the ramp, turn left onto Throckmorton Lane.
- As you cross Route 9, Throckmorton Lane will change names to Ticetown Road.
- The track & field complex will be on your left after you cross Route 9.

Give yourself 35-45 minutes to get there from the Scotch Plains-Fanwood area.