

**SCOTCH PLAINS-FANWOOD HIGH SCHOOL  
RAIDERS CROSS COUNTRY  
CONTRACT**

**Athlete** - I have read and thoroughly understand the following:

- Meet Schedule
- Detailed Meet Schedule
- Daily Schedule
- Varsity Letter Requirements
- Captain & MVP Policy
- NJSIAA Concussion Policy
- Uniform Care Information
- School Transportation Policy
- Team Rules, Regulations, and Guidelines
- NJSIAA Drug/Steroid Testing Information

I agree to abide by them, and understand that my failure to do so will result in my suspension or removal from the team. I will give nothing less than my fullest effort to be the best that I possibly can be. I also understand that I am to check <http://www.spfhsxctf.net> on a daily basis.

In addition, I am aware that some of our training activities take place on public roads and trails. I am aware that I must follow the legal requirements of all pedestrians while training and that I will not cut across or otherwise disturb anyone's private property.

I am also aware that the Scotch Plains-Fanwood High School Cross Country team has weekend meets and practices in addition to weekday commitments, and that practices and meets will be scheduled during breaks and other non-school days.

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Signature of Athlete	Print Name	Date
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**Parent/Guardian** - I have also read and thoroughly understand the information above. I will do my best to support my child and the Scotch Plains-Fanwood High School Raiders Cross Country Team.

I give my permission for my child's image to appear on the team website.

I do not give my permission for my child's image to appear on the team website.

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Signature of Parent/Guardian	Print Name	Date
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