

UNION COUNTY CONFERENCE XC CHAMPIONSHIP

1. Date of Meet: Tuesday, October, 20, 2009 (Rain date: Wednesday, October 21, 2009)

2. Site of Meet: Warinanco Park DUAL MEET COURSE Elizabeth + Roselle, NJ

Race Schedule:	2:00	Varsity Boys Valley Division	All Varsity Races	5K
	2:20	Varsity Boys Mountain Division		
	2:40	Varsity Boys Watchung Division		
	3:00	Varsity Girls Valley Division		
	3:25	Varsity Girls Mountain Division		
	3:50	Varsity Girls Watchung Division		
	4:15	Junior Varsity Boys Race	Junior Varsity Races	5K
	4:40	Junior Varsity Girls Race		
	5:10	Freshmen Boys and Girls Combined Race	3.38K (2.1 Miles)	

Teams should be ready for scheduled starting times. (Races will go off EXACTLY ON TIME!)

4. Awards:
- A) Team Championships trophies to varsity divisional champion in Boys and Girls Races
 - B) Medals to first Ten (10) finishers in each Boys Varsity Championship Race. (3 X 10)
 - C) Medals to first Ten (10) finishers in each Girls Varsity Championship Race (3 X 10)
 - D) Gold, Silver, and Bronze medals to the First, Second, and Third place Teams in Varsity races. Three sets each for Mountain, Valley, and Watchung Division
 - E) Medals to the first TEN boys and the First Ten girls in the Two Sub-Varsity Races
5. Scoring will be in the NORMAL manner. The Computer will score all races. Teams not FINISHING at least FIVE will NOT be ranked for scoring. There is no need to declare if you are running more or less than five. The computer will take care of scoring! YOU MUST RUN YOUR BEST SEVEN RUNNERS IN THE VARSITY RACE BEFORE YOU CAN RUN OTHERS IN THE JUNIOR VARSITY. ANY FRESHMEN MAY RUN IN THE FRESHMEN RACE IF YOU WISH!

6.	<u>VALLEY DIVISION BOYS</u>	<u>MOUNTAIN DIVISION BOYS</u>	<u>WATCHUNG DIVISION BOYS</u>
	David Brearley	Cranford	Elizabeth
	Jonathan Dayton	Governor Livingston	Linden
	New Providence	Hillside	Plainfield
	Oratory School	A.L. Johnson	Scotch Plains Fanwood
	Roselle	Rahway	Union
	Roselle Catholic	Summit	Westfield
		Union Catholic	
	<u>VALLEY DIVISION GIRLS</u>	<u>MOUNTAIN DIVISION GIRLS</u>	<u>WATCHUNG DIVISION GIRLS</u>
	David Brearley	Cranford	Elizabeth
	Jonathan Dayton	Governor Livingston	Linden
	Kent Place	Hillside	Plainfield
	New Providence	A.L. Johnson	Scotch Plains Fanwood
	Oak Knoll	Rahway	Union
	Roselle	Summit	Westfield
	Roselle Catholic	Union Catholic	