

2012 NJSIAA/STAR-LEDGER/M-F ATHLETIC OUTDOOR TRACK AND FIELD

STATE GROUP CHAMPIONSHIPS

EIGHT LANE TRACK

STARTING BLOCKS WILL BE SUPPLIED

South Plainfield High School, South Plainfield, New Jersey

1/4" Spikes on track and runways

Javelin Grass with metal toe board

FRIDAY, JUNE 1, 2012

Those entering events starting at 4:00 must arrive before 3:35 pm to have enough tm to check in.

ORDER OF RUNNING EVENTS - 4:00 P.M.

1.	GROUP B, 2, 3 GROUP B, 2, 3	GIRLS 400m LOW HURDLES BOYS 400m INTER. HURDLES	(ON TIME) FINALS (ON TIME) FINALS
2.	GROUP B GROUP B	GIRLS 1600m RUN BOYS 1600m RUN	(ON TIME) FINALS (ON TIME) FINALS
3.	GROUP B, 2, 3 GROUP B, 2, 3	GIRLS 100m DASH BOYS 100m DASH	TRIALS TRIALS
4.	GROUP 2 GROUP 2	GIRLS 1600m RUN BOYS 1600m RUN	(ON TIME) FINALS (ON TIME) FINALS
5.	GROUP B, 2, 3 GROUP B, 2, 3	GIRLS 100m DASH BOYS 100m DASH	FINALS FINALS
6.	GROUP 3 GROUP 3	GIRLS 1600m RUN BOYS 1600m RUN	(ON TIME) FINALS (ON TIME) FINALS
7.	GROUP B, 2, 3 GROUP B, 2, 3	GIRLS 400m DASH BOYS 400m DASH	FINALS FINALS

NOTE: When "California" starts are used, they will be ONE TURN STAGGERS.

ORDER OF FIELD EVENTS - 9 events starting at 4:00 P.M.

1.	GROUP 2, B	GIRLS DISCUS	FINALS (3 Preliminary, 3 Final)
2.	GROUP 3	GIRLS DISCUS	FINALS (3 Preliminary, 3 Final)
3.	GROUP 3, B, 2	BOYS LONG JUMP	FINALS (3 Preliminary, 3 Final)
4.	GROUP 2, B, 3	GIRLS TRIPLE JUMP	FINALS (3 Preliminary, 3 Final)
5.	GROUP 2, B, 3	BOYS SHOT PUT	FINALS (3 Preliminary, 3 Final)
6.	GROUP B, 2	GIRLS JAVELIN	FINALS (3 Preliminary, 3 Final)
	GROUP 3 (will start at the conclusion of Gr 3 Discus)	GIRLS JAVELIN	FINALS (3 Preliminary, 3 Final)
7.	GROUP B, 2, 3	BOYS HIGH JUMP	FINALS
8.	GROUP 3	GIRLS POLE VAULT	FINALS
9.	GROUP 2 (NP B BOYS FOLLOWS AT 1 ST AVAILABLE VENUE)	BOYS POLE VAULT	FINALS

**** The five-alive system will be used IN POLE VAULT AND HIGH JUMP.**

NOTE: ALL LEGAL ATTEMPTS IN THE SHOT, DISCUS, JAVELIN, TRIPLE JUMP, AND LONG JUMP WILL BE MEASURED. STARTING HEIGHTS IN THE HIGH JUMP AND POLE VAULT WILL BE NO HIGHER THAN THE 12TH BEST PERFORMANCE FROM SECTIONALS.

COACHES: COACHES AND STUDENT MANAGERS MUST HAVE A PASS TO GAIN FREE ADMISSION TO THIS MEET. COACHES WERE TO PICK UP THE PASSES FOR THEIR STAFF AND MANAGERS [WHO MUST BE WITH THEIR COACH] AT THE SECTION MEET. ATHLETES MUST BE ACCOMPANIED BY A COACH AND FULLY **DRESSED IN A SCHOOL-ISSUED UNIFORM** TO BE ADMITTED FREE.

ATTENTION: NO RADIOS OR TAPE RECORDERS ARE PERMITTED AT ANY OF THE THREE (3) CHAMPIONSHIP MEETS VIOLATORS WILL BE DISQUALIFIED AND/OR EJECTED FROM THE STADIUM.

REMINDER: Smoking on school property is prohibited by New Jersey State law.

NO ANIMALS/PETS ALLOWED AT ANY SITE.

Preparation of hot food is not permitted at any meet.

Tarps/tents are allowed only in the highest four rows of the bleachers.