

# 2012 NJSIAA/STAR-LEDGER/M-F ATHLETIC OUTDOOR TRACK AND FIELD

## STATE GROUP CHAMPIONSHIPS

### South Plainfield High School, South Plainfield, New Jersey

#### Eight-lane Track

1/4" Spikes on track and runways

Those entering events starting at 11:00 AM must arrive before 10:35 am to have enough time to check in.

#### STARTING BLOCKS WILL BE SUPPLIED

Javelin runway: Grass with metal toe board

SATURDAY, JUNE 2, 2012

#### ORDER OF RUNNING EVENTS - 11:00 A.M.

1.	GROUP B, 2, 3	GIRLS	800m RUN	(ON TIME) FINALS
	GROUP B, 2, 3	BOYS	800m RUN	(ON TIME) FINALS
2.	GROUP B, 2, 3	GIRLS	100m HIGH HURDLES	TRIALS
	GROUP B, 2, 3	BOYS	110m HIGH HURDLES	TRIALS
3.	GROUP B	GIRLS	3200m RUN	(ON TIME) FINALS
	GROUP B	BOYS	3200m RUN	(ON TIME) FINALS
4.	GROUP B, 2, 3	GIRLS	100m HIGH HURDLES	FINALS
	GROUP B, 2, 3	BOYS	110m HIGH HURDLES	FINALS
5.	GROUP 2	GIRLS	3200m RUN	(ON TIME) FINALS
	GROUP 2	BOYS	3200m RUN	(ON TIME) FINALS
6.	GROUP B, 2, 3	GIRLS	200m DASH	FINALS
	GROUP B, 2, 3	BOYS	200m DASH	FINALS
7.	GROUP 3	GIRLS	3200m RUN	(ON TIME) FINALS
	GROUP 3	BOYS	3200m RUN	(ON TIME) FINALS
8.	GROUP B, 2	GIRLS	1600m RELAY	(ON TIME) FINALS
	GROUP B, 2	BOYS	1600m RELAY	(ON TIME) FINALS
9.	GROUP 3	GIRLS	1600m RELAY	(ON TIME) FINALS
	GROUP 3	BOYS	1600m RELAY	(ON TIME) FINALS

**NOTE:** When "California" starts are used, they will be ONE TURN STAGGERS.

#### ORDER OF FIELD EVENTS - 9 events starting at 11:00 A.M

1.	GROUP B, 3, 2	GIRLS	SHOT PUT	FINALS (3 Preliminary, 3 Final)
2.	GROUP 2, B	BOYS	JAVELIN	FINALS (3 Preliminary, 3 Final)
	GROUP 3 (Gr. 3 boys starts after conclusion of Gr 3 Discus)	BOYS	JAVELIN	FINALS (3 Preliminary, 3 Final)
3.	GROUP 3	BOYS	DISCUS	FINALS (3 Preliminary, 3 Final)
4.	GROUP B, 2	BOYS	DISCUS	FINALS (3 Preliminary, 3 Final)
5.	GROUP 2, 3, B	GIRLS	LONG JUMP	FINALS (3 Preliminary, 3 Final)
6.	GROUP 3, B, 2	BOYS	TRIPLE JUMP	FINALS (3 Preliminary, 3 Final)
7.	GROUP B, 2, 3	GIRLS	HIGH JUMP	FINALS
8.	GROUP 3	BOYS	POLE VAULT	FINALS
9.	GROUP 2, (NP B girls FOLLOWS AT 1 <sup>ST</sup> AVAIBLE VENUE)	GIRLS	POLE VAULT	FINALS

**\*\* The five-alive system will be used in both high jump and pole vault.**

**NOTE:** ALL LEGAL ATTEMPTS IN THE SHOT, DISCUS, JAVELIN, TRIPLE JUMP, AND LONG JUMP WILL BE MEASURED. STARTING HEIGHTS IN THE HIGH JUMP AND POLE VAULT WILL BE NO HIGHER THAN THE 12<sup>TH</sup> BEST PERFORMANCE FROM SECTIONALS.

**COACHES:** COACHES AND MANAGERS MUST HAVE A PASS TO GAIN FREE ADMISSION TO THIS MEET. COACHES WERE TO PICK UP THE PASSES FOR THEIR STAFF AND MANAGERS [WHO MUST BE WITH THEIR COACH] AT THE SECTIONALS. ATHLETES MUST BE ACCOMPANIED BY A COACH AND FULLY **DRESSED IN A SCHOOL-ISSUED UNIFORM** TO BE ADMITTED FREE.

**ATTENTION:** NO RADIOS OR TAPE RECORDERS ARE PERMITTED AT ANY OF THE THREE (3) CHAMPIONSHIP MEETS VIOLATORS WILL BE DISQUALIFIED AND/OR EJECTED FROM THE STADIUM.

**REMINDER:** Smoking on school property is prohibited by New Jersey State law.

**NO ANIMALS/PETS ALLOWED AT ANY SITE.**

Preparation of hot food is not permitted at any meet.

**Tarps/tents are allowed only in the highest four rows of the bleachers.**